

Medford Fire Department Relief Association

7th Annual



FIRE 5



5K Run/Walk and Kids Fun Run

Saturday June 15, 2019

When: FREE Kids Fun Run begins at 7:45 a.m.
5K Run/Walk begins at 8:00 a.m.

Where: Medford Fire Department and City Hall, 408 2nd Avenue SE Medford, MN 55049.

Distance: Kids Fun Run (FREE): 1/2 mile run 5K Run/Walk: 5 Kilometers (3.1 Miles)

Information: Visit www.medfordfire.com/5k-run-medford to view course map for 5K run/walk. Or visit us on Facebook at Medford Fire Department, Medford MN. Email questions to mfd@medfordminnesota.com.

Registration: Forms are available at: www.medfordfire.com/5k-run-medford or pick up at The City of Medford City Hall (7:30 a.m. - 4:00 p.m. M-F *Closed 11:30 a.m. - 12:30 p.m.).

Entry Fee: Early Registration through May 24, 2019 is \$30.00. Late Registration May 25, 2019 through Race Day is \$35.00. Kids Fun Run is a free event and does not include a t-shirt. T-shirts are only guaranteed if registered before May 24th.

Early Packet Pick-up: Early packet pick-up will be Friday, June 14th. Location and time will be announced closer to the race day. Be sure to check back on Facebook or the fire department website for updates. Emails will also be sent to registered participants with information closer to the race.

Race Day Registration & Race Day Packet Pick-up: 6:30 a.m. – 7:45 a.m. at Medford Fire Department and City Hall 408 2nd Avenue SE Medford, MN 55049.

Parking: Located 2 blocks SW of the Fire Hall or follow parking signs (Located at the old Medford football field).

Post-Race Food & Awards Ceremony: Snacks and drinks will be provided by our sponsors and served at the Fire Hall for all race participants immediately following the race. Award ceremonies will immediately follow the race.

